

Developing the Homework Contract

- 1) Set goals with your child
 - a. Start with a goal that is easily attained to allow for initial success
 - i. Examples: Bringing all books home
 - ii. Completing work within a limited amount of time
- 2) Home vs. Home School
- 3) Develop menu of daily rewards with your child
 - a. If they don't want it, they won't work for it!
 - b. Menu allows for choice
 - c. Keep it small and inexpensive
 - d. Examples: 15 minutes of video game time, special snack, the chance to stay up an extra half hour, playing a game with parent
- 4) Develop menu of weekly rewards
 - a. Bigger than the daily, but still not too big
 - b. Examples: Renting a video game/movie, trip to fast food restaurant, small toy (under \$5)
 - c. Determine the total number of days reaching goals that your child will receive a weekly reward for
 - i. Start off 2 out of 5 days and gradually increase until the child must achieve 100%
 - ii. Let the child know the day of the week they will receive their reward
- 5) Keep track of your child's progress with sheets in a binder
- 6) Review and revise often the goals and rewards