



Levittown Public Schools Adult Continuing Education Fall 2023 Course Catalog

NEW AND EXCITING COURSES

- YOGA
- ZUMBA
- PICKLEBALL
- PAINTING
- MICROSOFT EXCEL
- DEFENSIVE DRIVING
 - CPR
- AND MUCH MORE!

**REGISTRATION BEGINS
AUGUST 17TH**

**FALL
SEMESTER
BEGINS
OCTOBER 2ND**



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Visit www.Levittownschoools.com, click on PROGRAM, then click
ADULT & CONTINUING EDUCATION
ANY QUESTIONS? CALL 516-434-7125



MESSAGE FROM THE COORDINATORS

Dear Community Members,

We are so excited to have the opportunity to offer members of the Levittown schools community, and others, the chance to take part in many exciting classes through the Adult Continuing Education (A.C.E.) program. Our hope is that these opportunities will not only allow you to pursue your passions, but also help you develop new interests, as well as interact with others that share the same interests.

It is our hope that you take advantage of these great opportunities and enjoy every minute of your experience.

Sincerely,

Vin Causeman

Brittany Cirrone

DURATION

All classes will run from 10/2-11/30 except for 10/9 and 11/23.

Courses may be cancelled or have the total number of weeks adjusted due to lack of enrollment.

WHO MAY REGISTER?

Courses are open to adults 18 years or older.

TIME OF CLASSES

All classes will meet from 7:00 PM to 9:00 PM (unless otherwise indicated). Refer to individual courses for exceptions.

Monday Classes begin 10/2/23
Thursday Classes begin 10/5/23

NON-RESIDENT FEE

Those living outside the Levittown School District will be charged a \$5.00 non-resident fee for each class. Residents will take precedence if classes reach maximum capacity.

SENIOR CITIZEN DISCOUNT

A \$5 discount, per class, will be available to Levittown School District residents age 60 years or older. Proof of age and residency is required.

NO CLASSES WILL BE HELD ON MONDAY 10/9 OR THURSDAY 11/23

REGISTRATION INFO

Registration for all classes will only be available online.

Visit www.Levittownschoools.com, click on PROGRAMS, then choose [ADULT & CONTINUING EDUCATION](#). You will then find the course(s) that you would like to register for and click on the name of the class. Once you have filled out the required information, you will be directed to make payment through MySchoolBucks in order to complete your registration.

YOUR REGISTRATION IS NOT COMPLETE, AND THEREFORE NO CHARGES WILL BE INCURRED, UNTIL YOU RECEIVE A CONFIRMATION EMAIL.

OCTOBER 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 CLASSES BEGIN	3	4	5	6	7
8	9 NO CLASSES	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 NO CLASSES	24	25
26	27	28	29	30 LAST DAY		

CANCELLATIONS & EMERGENCY CLOSINGS

A class session may not be able to meet due to unforeseen events. There will be no reduction in price if a session cannot be rescheduled. Every attempt will be made to reschedule any class that is cancelled based on the availability of the instructor and/or facility. Classes will not meet when Levittown schools are closed due to inclement weather, school holidays, etc. Evening classes will be cancelled if the Levittown School District cancels all after school activities.

REFUNDS

ABSOLUTELY NO FEES WILL BE REFUNDED unless a class does not run due to insufficient registration. In that event, a full refund will be made. There is no provision for a partial fee for missing classes that are in session.

PHOTOS OF PROGRAM

Photos and videos will be taken of the classes, including its students, to use in District publications, press releases and/or social media. If there is any reason that you would not want to be photographed, please submit a written notice to:

Levittown Adult & Continuing Education
150 Abbey Lane
Levittown, NY 11756

The Board of Education of the Levittown School District, its employees and agents hereby disclaim any and all responsibility for any injury, damage, or loss whatsoever in connection with any course offered by the Levittown Adult Continuing Education program. All individuals take such courses at their own risk.

8 WEEK COURSES

PICKLEBALL

Pickleball is the fastest growing sport in the world! Whether you have never played before, or you are an avid pickleballer, this class welcomes players of all levels. This is an open doubles pickup league! You may sign up as an individual, or with a teammate. Teams that sign up together will play with the same partner every game each week. Individual players will be partnered up each week and partners will vary on a week to week basis. Our league will be played "ladder style." Each week teams will be matched up with those who are ranked closest to you in the standings (with the exception of Week 1). So whether you're seeking a recreational activity, a competitive outlet, or a way to stay active, this fast-paced and dynamic sport provides endless opportunities for growth, camaraderie, and pure enjoyment. If you own a racket, please bring it as there are a limited number of loaners available. Please wear sneakers and dress comfortably.

Tiffany Sorice **Mondays** **7:00-9:00** **Gym** **Fee=\$65**

ZUMBA

Join in this high-energy class that offers a unique blend of fitness, dance and entertainment. Enjoy a lively and energetic atmosphere that will allow you the opportunity to get active and have fun while engaging in an effective workout. Zumba offers a cardiovascular workout that can help burn calories, improve stamina, strengthen the heart and lungs as well as promoting toning and improved muscle strength. Come be part of this uplifting and enjoyable experience. Choose from two sessions offered each Monday night.

Dajuana Reeves **Mondays** **7:00-8:00** **Panther Room** **Fee=\$65**
Dajuana Reeves **Mondays** **8:15-9:15** **Panther Room** **Fee=\$65**

YOGA

Join us for a transformative yoga class that is geared towards learners of all levels and all ages. This class will offer beginner yogis a place to land and advanced yogis a place to grow. In this dynamic class, students will be guided through multiple styles of Hatha Yoga, which helps to cultivate strength, flexibility, mobility and overall well-being. Come with an open mind and discover the tools of how to tap into mindfulness and self-care, both on and off the mat. Please dress comfortably and bring your own yoga mat, as well as any other additional props (ie: yoga blocks, blanket etc.) if desired.

Alexandra Euler **Mondays** **7:00-8:00** **PAL Room** **Fee=\$65**
Alexandra Euler **Mondays** **8:15-9:15** **PAL Room** **Fee=\$65**

SPANISH

Have you always wanted to learn Spanish, but haven't been able to? Well then, this is the class for you! This course will help you learn conversational basics, such as how to properly introduce yourself and how to give and receive directions, how to order food, and much more!

Cindy Aladenika **Mondays** **7:00-8:30** **Teacher's Center** **Fee=\$55**

CROCHET

This is a beginner's crochet class, which will cover the basics of crochet. At the end of the course, you will be able to create a scarf, hat and baby blanket utilizing the following stitches: single crochet, half double crochet and double crochet. All participants will be provided with 3 skeins of yarn and a crochet needle. Bring a small notebook in order to take notes.

Dr. Tonie McDonald **Thursdays** **7:00-8:30** **Room 312** **Fee=\$80**

PAINTING

In this beginner's course students will learn the foundations of acrylic painting. Acrylics are forgiving, water-soluble, fast-drying, and water-resistant when dry. Participants will discover acrylic painting techniques, composition, color mixing, as well receiving guidance on brush, paint, and canvas selection. The course draws from classical oil painting techniques, providing a solid foundation to explore other paint mediums in the future. Participants will be provided with paint, brushes and canvas.

Christine Rucano **Thursdays** **7:00-9:00** **Gym** **Fee=\$70**

4 WEEK COURSES

EXCEL FOR BEGINNERS

Microsoft Excel offers many great features and uses for any skill level including someone using the program for the first time. Microsoft Excel can be used for various uses including creating a To-Do list that can be sorted and printed. This class will cover the basics of Excel including an explanation and practice using a worksheet, cells, rows, columns, sorting, basic calculations and formatting. Classes run 10/5, 10/12, 10/19 and 10/27.

Derek Teitel **Thursdays** **7:00-8:30** **Teacher's Center** **Fee=\$60**

INTERMEDIATE EXCEL

The Intermediate Excel class will show how to create a personal budget. This will provide a quick and easy way to manage a budget and provide a view of what is going on with charts that will be created. The charts and totals will automatically update as the expenses are changed with the built in features of Excel. This class will cover many different features that are built into Excel including formatting, formulas, creating a chart and conditional formatting. Please note that a basic understanding of how to use Microsoft Excel is required for this class.

Derek Teitel **Thursdays** **7:00-8:30** **Teacher's Center** **Fee=\$60**

FINANCIAL SEMINARS- 1 NIGHT

FOUNDATIONS OF INVESTING

Does the current economic climate have you wondering what to do with your money? This one night seminar will help you learn about rules for investing. Lily Kowasz, a financial advisor for Edward Jones, will help you develop an investment strategy, choose quality investments, diversify your portfolio, invest for the long term and focus on what you can control.

Lily Kowasz *Monday 10/16* *7:00-8:00* *Board Room* *Fee=\$20*

COLLEGE: GETTING THERE FROM HERE

As the cost of college continues to increase, families continue to search for ways to prepare for the educational future of their children. This one night seminar will discuss establishing a college savings goal, as well as strategies to help achieve those goals. The features and benefits of a 529 savings plan will also be discussed.

Lily Kowasz *Monday 11/6* *7:00-8:00 PM* *Board Room* *Fee=\$20*

PLANNING FOR YOUR CHILD WITH SPECIAL NEEDS

Parents have numerous issues to consider in planning for the long-term wellbeing of their children with special needs. With new tax laws and changes in government benefits, planning becomes even more important. This program will examine aspects that need to be considered in developing a life plan that will help to provide the best future possible. Topics will include: Creating financial security during uncertain times; Strategies to protect your child's assets; Special Needs Trusts; Government Benefits; Guardianship; and Future housing.

Jeffrey R. Silverman *Monday 11/13* *7:00-9:00 PM* *Board Room* *Fee=\$20*

KEEP THE INCOME FLOWING DURING RETIREMENT

Studies show that the biggest fear retirees have is running out of money before running out of life! Planning an effective retirement income strategy is more important than ever when facing a retirement that can span more than 25 years. This program will explore concepts that can help you to plan a retirement income strategy with the goal of maximizing income, minimizing taxes, staying ahead of inflation, managing market volatility and creating strategies that can provide lifetime income no matter how the markets perform. If you are retired or thinking about retirement, you will not want to miss this program.

Jeffrey R. Silverman *Thursday 11/16* *7:00-9:00 PM* *Board Room* *Fee=\$20*

SPECIALTY COURSES

DEFENSIVE DRIVING

This is a six-hour classroom course in accident avoidance techniques. A certified instructor using modern multimedia techniques will teach you how to recognize hazards, understand the defensive action and act in time to prevent an accident. New York State law provides each person completing the course with a 10% reduction in motor vehicle liability, collision and no-fault premiums for a full three-year period. Completing a Point and Insurance Reduction Program (PIRP) course does not remove a violation, conviction, or the number of points from your driving record. "Point Reduction" means the number of points on your driving record used to calculate the number of total points received within 18 months will be reduced by 4 points and may help you avoid a suspension. (2 Nights)

Matthew Singer *Thursday 11/20 & 11/27* *6:00-9:00 PM* *Room 312* *Fee=\$60*

CPR

Those interested in being certified in CPR/AED through the American Red Cross will learn the importance of performing CPR for the lay responder, and understand how an automatic external defibrillator works (AED) as well as when to use it. All those who successfully perform the skills and complete the requirements needed for certification will receive an official certificate from the American Red Cross in CPR/AED for Child/Adult good for two (2) years from the date issued. (2 Nights)

John Pollack *Thursday 11/2 & 11/9* *6:00-9:00 PM* *Board Room* *Fee=\$60*

NOTARY

This is a great opportunity for anyone that wants to become a notary public. This is a pre-recorded Zoom Notary Course that allows you to work when it's convenient for you! This course can be accessed any time (Day or Evening) 7 days a week, 24 hours a day for 90 days. Additionally, Customer Support is just a click away. The online training course includes: instant access, a course book, notary concepts, definition review, sample forms, notary law subsection review, notary facts, notary prep test and 1 full year of customer support.

Dina DiRoma *90 days to complete course* *ONLINE* *Fee=\$90*



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