



Join Us for Breakfast ! BREAKFAST SERVED AT HIGH SCHOOL 7:00 - 7:30 MIDDLE SCHOOL 7:15-7:50 Student Price \$1.35 Reduced \$0.25 Free \$0.00

May 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Taco Tuesday Seasoned Beef Tostitos Scoops Mexicali Corn Vegetarian Beans Fresh Fruit	2 French Toast Turkey Sausage Links Crispy Turkey Bacon Cinnamon Glazed Carrots Fresh Cucumber Coins Fresh Fruit	3 Tyson Chicken Nuggets Fresh Baked Breadstick Oven Baked French Fries Fresh Celery Sticks Fresh Fruit	4 Meatball Parmesan Calzone Steamed Mixed Vegetables Fresh Red & Green Pepper Strips Fresh Fruit
7 Popcorn Chicken Boston Baked Beans Seasoned Broccoli Fresh Fruit	8 Gyro on Flatbread Seasoned Beef Steak Tzatziki Sauce Fresh Cucumber & Tomatoes Steamed Green Beans Fresh Fruit	9 Breaded Pork Chop Parmesan on a Hamburger Bun Steamed Mixed Vegetables Roasted Garbanzo Beans Fresh Fruit	10 Tyson Chicken Nuggets Fresh Baked Breadstick Oven Baked French Fries Fresh Celery Sticks Fresh Fruit	11 Stromboli Choose from Buffalo Chicken or Cheese Orange Glazed Carrots Fresh Cucumber Coins Fresh Fruit
14 Chicken Fajita Sautee Peppers & Onions Steamed Rice Seasoned Carrots Fresh Fruit	15 Taco Tuesday Seasoned Beef Tostitos Scoops Mexicali Corn Vegetarian Beans Fresh Fruit	16 Grilled Cheese Sandwich with Turkey Bacon Roasted Broccoli Fresh Red & Green Pepper Strips Fresh Fruit	17 Tyson Chicken Nuggets Fresh Baked Breadstick Oven Baked French Fries Fresh Cucumber Coins Fresh Fruit	18 Pizza Day Choose from Cheese Turkey Pepperoni Hamburger Steamed Carrots Fresh Celery Sticks Fresh Fruit
21 All American Burger Bar All Beef Burger Assorted Rolls & Cheese Tomato, Lettuce & Onions Crisp Turkey Bacon Oven Baked French Fries Fresh Cucumbers Coins Fresh Fruit	22 Taco Tuesday Seasoned Beef Tostitos Scoops Mexicali Corn Vegetarian Beans Fresh Fruit	23 Lasagna Garlic Breadstick Steamed Mixed Vegetables Fresh Red & Green Pepper Strips Fresh Fruit	24 Tyson Chicken Nuggets Fresh Baked Breadstick Oven Baked French Fries Roasted Carrots Fresh Fruit	25 Choose from BBQ Chicken or Teriyaki Glazed Chicken Fresh Baked Biscuit Seasoned Green Beans Fresh Celery Sticks Fresh Fruit
28 School Closed MEMORIAL DAY	29 French Toast Turkey Sausage Links Crispy Turkey Bacon Cinnamon Glazed Carrots Fresh Cucumber Coins	30 Mozzarella Sticks Marinara Dipping Sauce Seasoned Peas & Carrots Fresh Celery Sticks Fresh Fruit	31 Tyson Chicken Nuggets Fresh Baked Breadstick Oven Baked French Fries Steamed Broccoli Fresh Fruit	A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two(2) fruit side dishes and a choice of milk which includes, 1% white, fat free white & skim chocolate.

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Choose as an Alternate Fruit or Vegetable With Any Meal:
 Dark Leafy Greens, Seasonal Vegetables and Fresh Fruit

Additional Daily Lunch Offerings:

- Pizza: Variety of Pizza Daily
- Deli Bar: Boar's Head (or equivalent) made-to-order sandwiches
- Side Salads: Mon: Chick Pea; Tues: Three Bean Salad; Wed: Corn & Black Bean; Thurs: Coleslaw; Fri: Cucumber & Tomato
- Entrée Salads: Offered Daily
- Chicken Patties: Offered Mon, Wed, Fri
- Hot Dogs & Hamburgers: Offered Tues & Thurs
- Bagel Meal: Fresh Bagel with All-Natural Yogurt and/or Cheese and Fruit, Vegetable and Milk
- Yogurt Parfait: All-Natural Yogurt with Granola and Fruit

Menu is subject to change

This institution and the USDA is an equal opportunity employer and provider.

