



Join Us for Breakfast ! BREAKFAST SERVED AT HIGH SCHOOL 7:00 - 7:30 MIDDLE SCHOOL 7:15-7:50 Student Price \$1.35 Reduced \$0.25 Free \$0.00

February 2018 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
|  |  |  | 1 Tyson Chicken Nuggets Fresh Baked Breadstick Fresh Roasted Sweet Potatoes Fresh Cucumber Coins Fresh Fruit | 2 Meatball Hero on a Club Roll Seasoned Mixed Vegetables Fresh Carrot Sticks Fresh Fruit |
| 5 Chickendipity Chicken Tenders & Belgian Waffle Seasoned Broccoli Fresh Celery Sticks Fresh Fruit | 6 Taco Tuesday Seasoned Beef Tostitos Scoops Mexicali Corn Vegetarian Beans Fresh Fruit | 7 Mozzarella Sticks Marinara Dipping Sauce Steamed Mixed Vegetables Fresh Baby Carrots Fresh Fruit | 8 Tyson Chicken Nuggets Fresh Baked Breadstick Steamed Cabbage Oven Baked French Fries Fresh Fruit | 9 Meat Lovers Stromboli Salami, Pepperoni, Turkey Ham Mozzarella Cheese Marinara Dipping Sauce Fresh Cucumber Coins Seasoned Broccoli Fresh Fruit |
| 12 All American Burger Bar All Beef Burger Assorted Rolls & Cheese Tomato, Lettuce & Onions Crisp Turkey Bacon Oven Baked French Fries Fresh Cucumbers Fresh Fruit | 13 Pancakes Turkey Sausage Scrambled Eggs Hash brown Fresh Cucumber Coins NATIONAL PANCAKE DAY |  15 Soup & Sandwich Grilled Cheese Sandwich Chicken Noodle Soup Roasted Garbanzo Beans Fresh Celery Sticks Fresh Fruit | 15 Tyson Chicken Nuggets Fresh Baked Breadstick Fresh Roasted Herb Potatoes Fresh Carrot Sticks Fresh Fruit | 16 Beef & Broccoli Vegetable Egg Roll Fried Rice Fresh Fruit  |
| 19 WINTER RECESS | 20 WINTER RECESS | 21 WINTER RECESS | 22 WINTER RECESS | 23 WINTER RECESS |
| 26 Choose from BBQ Chicken or Teriyaki Glazed Chicken Fresh Baked Biscuit Mac & Cheese Seasoned Mixed Vegetables Fresh Fruit | 27 Calzone Choose from Buffalo Chicken or Cheese Roasted Carrots Fresh Cucumber Coins Fresh Fruit | 28 Turkey Melt Sandwich Sliced Turkey, American Cheese & Turkey Bacon Sautéed Onions Seasoned Peas Fresh Fruit | A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two(2) fruit side dishes and a choice of milk which includes, 1% white, fat free white & skim chocolate. | |

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Choose as an Alternate Fruit or Vegetable With Any Meal:

Dark Leafy Greens, Seasonal Vegetables and Fresh Fruit

Additional Daily Lunch Offerings:

Pizza: Variety of Pizza Daily
Deli Bar: Boar's Head (or equivalent) made-to-order sandwiches
Side Salads: Mon: Chick Pea; Tues: Three Bean Salad; Wed: Corn & Black Bean; Thurs: Coleslaw; Fri: Cucumber & Tomato
Entrée Salads: Offered Daily
Chicken Patties: Offered Mon, Wed, Fri
Hot Dogs & Hamburgers: Offered Tues & Thurs
Bagel Meal: Fresh Bagel with All-Natural Yogurt and/or Cheese and Fruit, Vegetable and Milk
Yogurt Parfait: All-Natural Yogurt with Granola and Fruit

Menu is subject to change

This institution and the USDA is an equal opportunity employer and provider.

