

**LEVITTOWN PUBLIC SCHOOLS
HEALTH SERVICES**

**ADAPTIVE PHYSICAL EDUCATION
ELEMENTARY GRADE SCHOOL**

To: Dr. _____

From: _____
School Nurse

Re: _____
Name of Pupil Grade School

Diagnosis: _____

Remediable: Yes _____ No _____

All pupils registered in the schools of New York State are required by the Education Law to attend courses of instruction in physical education. These courses are required to be adapted to meet individual pupil needs. This means that a pupil who is unable to participate in the entire program should have his activities modified to meet and/or improve his condition. The physical education classes are approximately _____ minutes in length and are held _____ times a week.

**THIS CHILD MAY PARTICIPATE IN ALL PHYSICAL EDUCATION CLASS ACTIVITIES
AND IN COMPETITIVE SPORTS. Yes _____ No _____**

1. If activity is limited, please check what he may not do, in the following list:

- | | |
|---|--|
| <input type="checkbox"/> Hard running relay | <input type="checkbox"/> Standing games (walking-marching) |
| <input type="checkbox"/> Marching (no running) | <input type="checkbox"/> Vigorous activity (running-jumping) |
| <input type="checkbox"/> Story Plays (some running and jumping) | <input type="checkbox"/> Setting up exercises |
| <input type="checkbox"/> Rhythms | <input type="checkbox"/> Dancing and musical games |
| <input type="checkbox"/> Tumbling & stunts | <input type="checkbox"/> Apparatus (rings, ropes & balance beam) |
| <input type="checkbox"/> Dodge Ball | <input type="checkbox"/> Recreational games |
| <input type="checkbox"/> Square Dancing (involves some running & jumping) | <input type="checkbox"/> Basketball |
| <input type="checkbox"/> Softball & kickball | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Football | <input type="checkbox"/> Calisthenics |
| <input type="checkbox"/> Soccer | <input type="checkbox"/> Wrestling (weight requirement) |
| <input type="checkbox"/> Learning skills (basketball, volleyball, soccer, football) | <input type="checkbox"/> Other |

2. Duration of restrictions: _____ weeks _____ months _____ school year

3. Does this child require a rest period during school hours? _____ Yes _____ No

4. Do you wish patient to return to you for re-evaluation? _____ Yes _____ No _____ Date

_____ DATE

_____ M.D.

